

Homer Intermediate/Jr. High School Menu

Menu Subject to Change

Homer Central School District Is An Equal Opportunity Provider and Employer

March 2020

National Nutrition Month

Second Choice

Monday – Turkey Salad
 Tuesday – Ham & Swiss
 Wednesday – Cheeseburger
 Thursday – Egg Salad
 Friday – Yogurt Meal

Salad Du Jour

Monday-Chicken Caesar Salad
 Tuesday- Chef
 Wednesday-Roasted Turkey & Cheddar
 Thursday- Homer Cobb w/ Ham
 Friday-Chef

Available Daily

PB&J and Yogurt meal

**Second choice entrees served
 with sides of the day**

Breakfast

PK-12: \$1.35

Reduced Meals: \$0.00

Lunch

PK-8 \$2.00

9-12: \$2.10

Reduced Meals \$0.00

Visit our website to print an
 application and to
 view menus.

www.homercentral.org

Riboflavin is also known as...?

Vitamin B12

MONDAY

2 Pizza Crunchers
 w/Marinara Sauce

Tossed Salad w/
 Dressing
 Sweet Potato Wedges
 Fresh Fruit

9 Meatball Sub
 w/ Cheese
 on a WG Roll

Tater Tots
 Carrots w/Ranch Dip
 Fresh Fruit

16 Popcorn Chicken
 W/ Dipping Sauce

Sweet Potato Wedges
 Baked Beans
 Fresh Fruit

23 BBQ Rib
 Sandwich

Steamed Green Beans
 Sweet Potato Fries
 Fresh Fruit

30 Chicken Tenders
 w/ Dipping Sauce

Baked French Fries
 Steamed Carrots
 Fresh Fruit

TUESDAY

3 Soft Beef Taco
 w/Lettuce & Cheese

Black Bean & Corn Salsa
 Seasoned Corn
 Assorted Fruit Cup

10 Pasta w/ Italian
 Meatsauce
 & Garlic Breadstick

Steamed Green Beans
 Tossed Salad w/ Dressing
 Assorted Fruit Cup

17 Macaroni & Cheese

Seasoned Green Beans
 Sweet Green Peas
 Fresh Fruit
Shamrock Pretzel

24 Chicken & Cheese
 Quesadilla

Cheesy Bean Dip
 Seasoned Corn
 Assorted Fruit Cup

31 Beef Nacho
 Supreme

Refried Beans
 Seasoned Corn
 Fresh Fruit

WEDNESDAY

4 Chicken Patty
 On a WG Bun

Baked French Fries
 Shipwrecked Baked
 Beans
 Assorted Fruit Cup

11 Hot Dog
 On A WG Roll

BBQ Baked beans
 Sweet Potato Crosstrax
 Assorted Fruit Cup

18 Mini Chocolate Chip
 Pancakes
 w/ Chicken Sausage

Hash Brown Patty
 100% Fruit-Vegetable
 Juice

25 Mini
 Chicken Corn Dogs
 w/ Dipping Sauce

Baked Beans
 Mixed Vegetables
 Assorted Fruit Cup

THURSDAY

5 Fish Sandwich
 On a WG Bun

Mashed Potatoes
 Seasoned Carrots
 Fresh Fruit

12 Wild Mike's
 Personal Pan Pizza

Tossed Salad
 w/ Dressing
 Seasoned Broccoli
 Assorted Fruit Cup

19 Pizza Dipper
 w/Marinara Sauce

Steamed Broccoli
 Tossed Salad w/ Dressing
 Fresh Fruit

26 Hot Turkey & Gravy
 Sandwich

Mashed Potatoes
 Seasoned Carrots
 Fresh Fruit

FRIDAY

6 Nardone's
 Pizza

Tossed Salad
 w/ Dressing
 Seasoned Broccoli
 Fresh Fruit

13 **STAFF DAY**

**NO
 SCHOOL**

20

**NO
 SCHOOL**

27 Homemade
 Pizza

Tossed Salad
 w/ Dressing
 Seasoned Broccoli
 Fresh Fruit

Available with All Lunches

Assorted Fruit Cups
 Milk Choice

**March 9:
 National Meatball Day**