

# Homer Elementary/Hartnett School

# SEPTEMBER 2010

Monday

Tuesday

Wednesday

Thursday

Friday

## Did You Know?

The sentence, "The quick brown fox jumps over a lazy dog", uses every letter of the alphabet!

1

2

3

Salads, Yogurt, Sandwiches and PB&J available daily

6

7

Popcorn Chicken  
Whole Grain Dinner Roll  
French Fries  
California Blend Veggies  
Fresh Orange  
Milk Choice

Hamburger on Whole Grain Bun  
Green Beans  
Pasta Salad  
Mandarin Oranges  
Milk Choice

Homemade Pizza 10

Tossed Salad  
Steamed Broccoli  
Assorted Fruit Cup  
Milk Choice

13

Toasted Cheese  
Tomato Soup  
Corn Niblets  
Peach Cup  
Milk Choice

Brunch for Lunch 14  
Pancakes w/ Sausage  
Hash Brown  
100% Juice  
Fresh Fruit  
Milk Choice

Chicken Patty on Multi Grain Bun 15  
Starch  
Crunchy Veggies  
Fruit Crisp  
Milk Choice

Sloppy Joe on Whole Grain Bun 16  
Green Beans  
Mashed Potatoes  
Diced Pears  
Milk Choice

Big Daddy Pizza 17  
Tossed Salad  
Salt Potatoes  
Assorted Fruit Cup  
Milk Choice

20

Chicken Alfredo  
California Veggies  
100% Juice Ice Bar  
Chilled Fruit  
Milk Choice

Hot Meatball Sub 21  
Garden Fresh Salad  
Mixed Vegetables  
Peach Cup  
Milk Choice

Hot Ham & Cheese Melt 22  
Carrot Coins  
Fruited Jell-O w/topping  
Fresh Fruit  
Milk Choice

Popcorn Chicken w/Roll 23  
BBQ Sauce  
Oven Baked Fries  
Crispy Veggies  
Fruit Cocktail

Galaxy Pizza 24

Tossed Salad  
Steamed Broccoli  
Assorted Fruit Cup  
Milk Choice

27

Homemade Mac & Cheese  
Carrot Coin  
Garden Fresh Salad  
Fresh Apple  
Milk Choice

Chicken Patty on Whole Grain Bun 28  
Seasoned Rice  
Green Beans  
Pineapple Tidbits  
Milk Choice

Hot Turkey w/ Gravy over Mashed Potatoes 29  
Whole Grain Roll  
Garden Peas  
Fruit Crisp  
Milk Choice

Shrimp Poppers w/ Whole Grain Dinner Roll 30  
Potato Gems  
Steamed corn  
Cinnamon Applesauce  
Milk Choice

## A La Carte

Breakfast \$1.00  
Lunch K-6 \$1.40  
Lunch 7-12 \$1.50  
Reduced Meals \$.25

Milk \$.50  
Ice Cream \$.50  
Snacks/Chips \$.50  
Baked Lays/Chex Mix\$ .95

Pretzel \$1.00  
w/ Cheese \$.50

## School News

Free and reduced applications are available on the school website and in the main office at each school. Last years application benefits expire September 30<sup>th</sup>. Please fill out and return your application as soon as possible. For questions call 749-1216.

Substitute food service positions available



back to school

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