

February 2010

Homer/Truxton Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL Staff Day 1	Entrée: Fish Nuggets w/ Roll 2 Sides: Steamed Brown Rice Seasoned Corn Assorted Fruits Milk Choice	Entrée: Hot Ham & Cheese Melt 3 Sides: Seasoned Pasta California Blend Veggies Cinnamon Applesauce Milk Choice	Entrée: Cheeseburger on Bun 4 Sides: French Fries Cut Green Beans Sliced Strawberries Milk Choice	Entrée: Homemade Pizza 5 Sides: Tossed Salad w/ Dressing Steamed Broccoli Chilled Apricots Milk Choice
Entrée: Popcorn Chicken w/ Roll 8 Sides: Potato Gems Tossed Salad w/ Dressing Sliced Pears Milk Choice	Entrée: Hot Dog on Bun 9 Sides: French Fries Sweet Peas Applesauce Milk Choice	Entrée: Deli Day w/ Pretzels 10 Sides: Macaroni Salad w/ Veggies 100% Juice Cup Blueberry Crisp Milk Choice	Entrée: Hot Turkey over Mashed Potatoes 11 Sides: Green Beans Baby Carrots w/ Dip Assorted Fruits Milk Choice	Entrée: Personal Pan Pizza 12 Sides: Tossed Salad w/ Dressing Hot Vegetable Assorted Fruits Milk Choice
NO SCHOOL 15	NO SCHOOL 16 STAFF DAY	Entrée: Chicken Patty on Bun 17 Sides: Potato Gems Green Beans Assorted Fruits Milk Choice	Entrée: Homemade Mac & Cheese 18 Sides: Tossed Salad w/ Dressing Seasoned Carrots Fruit Cocktail Milk Choice	Entrée: Homemade Pizza 19 Sides: Tossed Salad w/ Dressing Broccoli Cuts Chilled Pears Milk Choice
Brunch for Lunch Pancakes w/ Sausage 22 Sides: Hash Brown Patty 100% Juice Cup Fresh Fruit Milk Choice	Entrée: Soft Taco w/ Lettuce & Cheese 23 Sides: Steamed Brown Rice Seasoned Corn Fruited Jell-O Milk Choice	Entrée: Toasted Cheese Sandwich 24 Sides: Tomato Soup w/ Goldfish Crackers Cut Green Beans Chilled Peaches Milk Choice	Entrée: Sloppy Joe on Bun 25 Sides: Mixed Vegetables 100% Ice Juice Bar Assorted Fruits Milk Choice	Entrée: Big Daddy Pizza 26 Sides: Tossed Salad w/ Dressing Broccoli Cuts Pineapple Tidbits Milk Choice

A La Carte

Breakfast	1.00
Lunch K-6	1.40
Lunch 7-12	1.50

Sandwich Menu:

- Monday- Egg Salad
- Tuesday- Sliced Turkey
- Wednesday- Ham and Cheese
- Thursday- Chef's Choice
- Friday- Tuna Salad

Peanut butter and jelly and yogurt available daily

Menu subject to change

One hour delays- breakfast still available

Two hour delays- breakfast not offered

Guess What?

Your heart can beat up to 40,000,000 times per year!
 Roller-skating involves all of the body's muscles, especially the heart, and provides a complete aerobic workout.

